



# Blessed Trinity Faith Formation

## March 2025 Family Faith Activity



# Jesus said, "I Am The Way, The Truth, and The Life"

### Background for Parents: What is this all about?

Our March Activity will take us on a journey to gain a better understanding of the I AM statement, "Jesus said, 'I Am The Way, The Truth, and The Life.'" Most of the **I Am** statements were spoken publicly in a crowd, but this one is unique in the fact that this statement was spoken to only the apostles privately. The best way to begin is to familiarize yourself with this passage in Scripture. It is found in the Gospel of John Chapter 14 verse 6. Jesus is responding to Thomas during the Last Supper. "Thomas said to Him, 'Master, we do not know where you are going; how can we know the way?' Jesus said to him, 'I am the way, the truth and the life. No one comes to the Father except through me.'" (John 14:6) The apostles weren't quite getting what Jesus was trying to explain to them...that he was going to die and rise again. They just thought they were celebrating the Passover meal with their teacher and best friend. They had no idea that this was their last meal all together. To get a better understanding of the context, you may want to read Chapters 13-15 in John's Gospel. They contain such rich details about who Jesus is and how he was sending an Advocate, the Holy Spirit, to be with them after he was gone. In its complexity, it is actually very simple. Jesus did not give a full list of instructions on how to get to heaven, he gave himself. Jesus is the way, the only way. I found this wonderful explanation written by a young priest from Fort Worth Texas, Father Brett Metzler. He states, "To follow Jesus means to follow Him as a disciple: **the way**. It means to seek to know Him, to learn about Him, to find Him and eternally relate to Him more deeply: **the truth**. It means to live our lives in the way He showed us by giving ourselves away completely to others. To give is to die, and to die is to live.: **the life**." So we can explain to the children is that Jesus is everything we need. He is the way to God, for He is God, He is the only truth, and through Him we will have eternal life with God in Heaven.

For our March activity, your child will be finding their **way** on a two part scavenger hunt. The first part will have them solving clues to locations around your house. Once they solve the riddle and find the location, they will have to find an answer to a question from scripture. The older children may be able to do this independently while the younger children will need some assistance according to their grade level. If you have multiple children doing the activity, the older ones can assist the younger ones. You can adjust this scavenger hunt to make it work for your family. The end result or final destination will have your child finding Jesus and the "I am the Way, the Truth, and the Life" cross.

*For this activity you will need:*

A Bible or Catholic Bible App. (if you need a Bible, we can provide one)

The scavenger hunt clues cut out.

The scavenger hunt parent answer sheet.

The Jesus Cross.

**Before beginning the scavenger hunt:** Parents, read the Bible Verse John 14:6 “Jesus said to him, I am the Way, the Truth, and the Life. No one comes to the Father except through me. “ Ask them what they think Jesus meant by this. Discuss the verse making sure that your child has a good understanding. Then begin the hunt.

**SCAVENGER HUNT DIRECTIONS FOR PARENTS:**

- 1) Cut out the scavenger hunt and Bible verse clue cards on the next page.
- 2) Place them in the appropriate spaces right before beginning the scavenger hunt. Beginning clue: Hand to child. Clue #1 Bed; Clue #2 Sink; Clue #3 dirty laundry; Clue #4 Chair; Clue #5 front door; Clue #6 Tub; Final: Under the Rug
- 3) At the Final Clue #6 place the Jesus “I Am the Way” Cross under the rug. **Note:** You can leave it as a whole sheet of paper, cut it out, mount it on cardstock, laminate it or whatever you would like to do to make it special. When your child or children find the cross at the end of the scavenger hunt, you can take a picture of them with the cross and send it to us at the Faith Formation Office. They will be displayed on the wall outside of the office. [egarfold@blessedtrinitypgh.net](mailto:egarfold@blessedtrinitypgh.net) or [ceisenbarth@blessedtrinitypgh.net](mailto:ceisenbarth@blessedtrinitypgh.net). The pictures are due by March 10th.
- 4) Begin by giving your child or children Clue #1 and a Bible. Older children can do this on their own, and younger children will need a parent to assist. Families can also do this together. You can work out whatever works best to make this a fun learning experience. You can alter this any way that works for your family. Just make sure that the final clue has your child finding the cross.

**Answer key:**

Beginning Clue: This is a place you rest your head, your first clue can be found on the \_\_\_\_\_. (**BED**)

Clue #1: Roses are red, flowers are pink. You wash your hands in the \_\_\_\_\_. (**SINK**)

Bible Verse: **John 10: 7** So Jesus said again, Amen, Amen, I say to you, I am the \_\_\_\_\_.  
(**gate for the sheep**)

Clue #2: Where is the next clue? Check your nose. You'll find it by your dirty \_\_\_\_\_. (**CLOTHES**)

Bible Verse: **John 10:11** I am the \_\_\_\_\_. A \_\_\_\_\_ lays down his life for the sheep.  
(**Good Shepherd**)

Clue #3 Keep playing if you dare, your next clue is on top of a \_\_\_\_\_. (**CHAIR**)

Bible Verse: **John 15:15** I am the \_\_\_\_\_, and you are the \_\_\_\_\_. (**Vine, Branches**)

Clue #4 This is better than doing a chore. Check for the next clue by the front \_\_\_\_\_. (**DOOR**)

Bible Verse: **John 6:35** Jesus said to them, “ I am the \_\_\_\_\_ I whoever comes to me will never hunger, and whoever believes in me will never thirst. (**Bread of Life**)

Clue #5 This is the place where you clean and scrub. Look for your clue in the \_\_\_\_\_. (**TUB**)

Bible Verse: **John 11:25** Jesus told her, “I am the \_\_\_\_\_ and the \_\_\_\_\_; whoever believes in me, even if he dies, will live. (**Resurrection, Life**)

Clue #6 Quick last clue! Don't be a slug! Run and find it under the \_\_\_\_\_. (**RUG**)

Bible Verse: **John 14:6** Jesus said to him, I am the \_\_\_\_\_ and the \_\_\_\_\_ and the \_\_\_\_\_. No one comes to the Father except through me. (**Way, Truth, Life**)

### Beginning Clue:

This is a place you rest your head, your first clue can be found on the \_\_\_\_\_.

### Clue #1:

Roses are red, flowers are pink. You wash your hands in the \_\_\_\_\_.

Bible Verse: **John 10: 7** So Jesus said again, Amen, Amen, I say to you, I am the \_\_\_\_\_.

### Clue #2:

Where is the next clue? Check your nose. You'll find it by your dirty \_\_\_\_\_.

Bible Verse: **John 10:11** I am the \_\_\_\_\_. A \_\_\_\_\_ lays down his life for the sheep.

### Clue #3

Keep playing if you dare, your next clue is on top of a \_\_\_\_\_.

Bible Verse: **John 15:5** I am the \_\_\_\_\_, you are the \_\_\_\_\_.

### Clue #4

This is better than doing a chore. Check for the next clue by the front \_\_\_\_\_.

Bible Verse: **John 6:35** Jesus said to them, "I am the \_\_\_\_\_ I whoever comes to me will never hunger, and whoever believes in me will never thirst.

### Clue #5

This is the place where you clean and scrub. Look for your clue in the \_\_\_\_\_.

Bible Verse: **John 11:25** Jesus told her, "I am the \_\_\_\_\_ and the \_\_\_\_\_; whoever believe in me, even if he dies, will live.

### Clue #6

Quick last clue! Don't be a slug! Run and find it under the \_\_\_\_\_. (Look under to find Jesus!)

Bible Verse: **John 14:6** Jesus said to him, I am the \_\_\_\_\_ and the \_\_\_\_\_ and the \_\_\_\_\_. No one comes to the Father except through me.

I  
Am

The Way

The Truth



The Life